### Ninja Squad Memberships

Standard
Memberships
No Contract

- No Contract
- Auto-pay 1 or 3 mo.

Monthly 1x	Monthly 2x	3 Months 1x	3 Months 2x	
<b>\$78</b>	<b>\$108</b>	<b>\$229</b>	<b>\$319</b>	
+\$30 Annual Fee	\$30 Annual Fee	+\$30 Annual Fee	+\$30 Annual Fee	

#### 1st Month is discounted to \$49!

- Annual fee of \$30 due at sign up (non-refundable)
- Monthly fees are non-refundable once billed
- · Cancellation requires notice 10 days prior to billing by email
- You may freeze your account for 30 Days for \$25
- Frozen accounts will automatically reactivate after 30 days

### Short-Term Memberships

- Discounted rates
- Auto-pay monthly
- 6 mo. commitment

6 Months 1x	6 Monthly 2x	6 Months 3x	
\$66.30/Mo	<b>\$91.80/Mo</b>	\$117.30/Mo	
+\$30 Annual Fee	+\$30 Annual Fee	+\$30 Annual Fee	
1st/last month due	1st/last month due	1st/last month due	

### Long-Term Memberships

- Discounted rates
- Auto-pay monthly
- 1 yr. commitment

Annual 1x	Annual 2x	
<b>\$58.50/Mo</b> -\$30 Annual Fee 1st/	<b>\$81.00/Mo</b> +\$30 Annual Fee 1st/	
last month due	last month due	

### Annual 3x

\$103.50/Mo +\$30 Annual Fee 1st/ last month due

- 6 Month accounts pay 1st and last month (non-refundable)
- Annual fee of \$30 due at sign up (not refundable)
- . Monthly fees are non-refundable once billed
- Cancellation requires notice 10 days prior to billing by email
- . Memberships will renew after 6 Months
- You may freeze your account for 30 Days for \$25
- You may freeze your account 1x per 6 months
- Frozen accounts will automatically reactivate after 30 days
- Annual accounts pay 1st and last month (non-refundable)
- Annual fee of \$30 due at sign up (not refundable)
- . Monthly fees are non-refundable once billed
- . Cancellation requires notice 10 days prior to billing by email
- Memberships will renew after 12 months
- You may freeze your account for 30 Days for \$25
- . You may freeze your account 2x per 12 months.
- Frozen accounts will automatically reactivate after 30 days

## Ninja Squad Curriculum

Obstacles/ Equipment	Skills Training
Blocks and Steps	Flipping and Tumbling
Walls and Inclines	Bar Skills
Warped Walls and Rock Walls	Pits, Tumble Track
Ropes, Ladders, Beams	Trampoline, Air Floor

### **About Our Teachers**

MGA Gymnastics is a learning and teaching gymnastics center. We train our own staff each day helping them to grow and learn more about the sport every day. There are mentors for each program that guide each day helping teachers teach their students in the best ways.

The coaches are always improving their credentials with USA Risk Test. Safety Certifications and Skills testing too. The coaches and kids get to show off what they have learned from their teachers with 4 in gym competitions/challenges a year.

November Turkey Trot Challenge Reindeer Games January March March Madness May May Day Challenge



# MGA Gymnastics Ninja Squad Program Become a Ninja!

110 Athletes Row Apopka, Florida 32757 (407) 880 0809 <a href="www.mgagymnastics.com">www.mgagymnastics.com</a> Email: <a href="mailto:gymadventure@gmail.com">gymadventure@gmail.com</a>

### Ninja Squad Program

The **Ninja Squad Program** is a strength/ coordination and balance program using obstacles, ropes and course to train children. We offer Beginning, Intermediate and Advance levels of of Ninja Squad training for everyone. This program is an alternate program to our Boys Gymnastics program and Fitness program/gymnastics programs for girls.

**The Ninja Squad** Program teaches children to conquer obstacles, climb objects and learn basic tumbling, bar and strength elements.

### Ninja Squad/Age Groups

The beginning program is divided into two ages groups. The 4-8 year old group and the 9 and up group.

As your child continues to grow they will be given the opportunity to move to Private Advanced Level Training 1 on 1 or two on 1 with their teacher. Children will be given the opportunity to compete in obstacle course competitions 4 to 5 times per year.

### Ninja Squad Progression



### Begin with two age groups

- 4-8 years
- 9 and up



Continue with obstacle challenges throughout the year. (Fall, Winter and Spring Challenges)

More advanced training with Private Instruction One on one or two on one instruction with a teacher.

### Ninja Squad Schedule

Class	Mon	Tue	Wed	Thu	Fri	Sat
Ninja Squad 4-8 years	5:00	4:00	6:00	4:15	4:00 6:00	
Ninja Squad 9 and up	6:00	7:00				10:00

Sign up today!

First Month discounted.

Starting @ \$49/mo

Annual Enrollment \$30